



Interested in learning about services in the community for your family? Want healthy relationship support for your partner, family, friends and children?

Join Northern Kentucky Community Action Commission for the Grant County Service Orientation Workshops!

Thursday, November 8: Winter Bills Energy Savings and Heating Assistance
And "What Do You Want for Your Children?"

Thursday, December 13: Food and Nutrition Resources for Your Family
And "Showing Understanding" skill building

Thursday, January 10: Parenting Resources for Young Children
And "Coupleship and Expression" skill building

Thursday, February 14: Housing Opportunities for Your Family
And "Parenting Stresses" skill session

Thursday, March 13: Mental Health and Counseling Resources
And "Showing More Understanding" skill building

Thursday, April 10: Legal Issues and Legal Assistance
And "Putting Relationship Skills to Work" session

Thursday, May 8: Department for Community Based Services Programs
And "Problem Solving" skill building

Thursday, June 12: Faith and Community Based Resources and Programs
And "Self Change"

Thursday, July 10: Education Opportunities for Adults
And "Helping Others Change"

Thursday, August 14: Back to School Resources for Families
And "Coaching Skills and Managing Your Emotions"

Thursday, September 11: Resources for Women
And "Managing Conflict"

Thursday, October 9: Setting Up Your Family Budget
And "Maintaining Healthy Relationships"

Location: Dry Ridge Housing Authority, 300 Meadowview Circle, Dry Ridge

Time: 5:30 to 8:30 pm. Dinner will be served, and certified child care will be available on site.

To register for one session or the series, call Northern Kentucky Community Action Commission at (859) 824-4768, or visit us at 128 N. Main St. Williamstown.